

## *School Pledge of Nonviolence*

Making peace must start within ourselves and in our school. Each of us, members of *Coral Gables Senior High School*, on this day, **October 14, 2009**, commit ourselves as best we can to become nonviolent and peaceable people.

### **To Respect Self and Others**

To respect ourselves, to affirm others and to avoid uncaring criticism, hateful words, physical attacks and self-destructive behavior.

### **To Communicate Better**

To share our feelings honestly, to look for safe ways to express our anger, and to work at solving problems peacefully.

### **To Listen**

To listen carefully to one another, especially those who disagree with us, and to consider others' feelings and needs rather than insist on having our own way.

### **To Forgive**

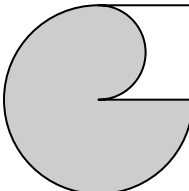
To apologize and make amends when we have hurt another, to forgive others, and to keep from holding grudges.

### **To Be Courageous**

To challenge violence in all its forms whenever we encounter it, whether at home, at school, or in the community, and to stand with others who are treated unfairly.

This is our pledge. These are our goals.

*"Eliminating violence, one school at a time, starting with our own."*



*Student Signature:* \_\_\_\_\_